



# ASIST

*Applied Suicide Intervention Skills Training*



## ASIST Course (2-Day) – Taking Early Registrations November 5-6, 2018 (8:30 am - 4:30 pm each day)

<b>Where:</b>	<b>BMO Centre, 61 Gary Martin Drive, Bedford, NS B4B 0G7</b>
<b>Cost:</b>	Price \$195.00 per person (\$175 full-time student rate) <b>Includes all materials and taxes.</b>
<b>To Register Early:</b>	Send your name and email to <a href="mailto:lmarshall@griefreliefcoaching.com">lmarshall@griefreliefcoaching.com</a>
<b>Website:</b>	<a href="http://www.griefreliefcoaching.com">http://www.griefreliefcoaching.com</a>

**About ASIST:** Most people considering suicide share their distress and their intent. The ASIST workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Well over one million caregivers have participated in this two-day, highly interactive, practical, practice-oriented workshop in suicide prevention, which includes powerful videos, small group discussions, and skills practice.

**About Participants:** This workshop is useful for and in no particular order: mental health professionals, first responders, nurses, physicians, teachers, counselors, youth workers, military, EAP, OHS, correctional staff, school support staff, students, clergy, community members and volunteers, anyone concerned about suicide prevention, or may have family or friends who may be at risk.

**About your Facilitators:** Linda Marshall is a Master ASIST Trainer and Certified Grief & Life Coach, Hypnotherapist, and writer with over 20 years experience in training and facilitation. Linda's focus in life includes suicide prevention and intervention training, grief & life coaching for survivors of suicide loss, and writing. Denise Laplante is a Master ASIST Trainer and Consultant with extensive training and experience with LivingWorks Education, with over 10 years of facilitating experience and has delivered over 60 LivingWorks workshops.

### **A FEW COMMENTS FROM ASIST COURSES**

*“Denise and Linda were really amazing” “Very personable, warm, and created a safe environment” “Excellent facilitation” “You are both lovely, open, and validating” “Trainers very dynamic and helpful” “Safe environment, constant check-ins, sensitivity” “Fun and upbeat presenters given the difficult topic”*

*Together we can make a difference and create suicide safer communities.*